



# Duncanville ISD

## Cycle Menu 2019-20

### Elementary & Middle School K-8

Express Breakfast					
Monday	Tuesday	Wednesday	Thursday	Friday	
Cinnamon Toast Crunch Watermelon Applesauce Orange Juice 100% Milk Choice	Breakfast Pizza Sour Lemon Raisels Orange Juice 100% Milk Choice	Breakfast Sandwich on a Croissant Fresh Grapes Diced Fruit Cup Milk Choice Grape Jelly	Breakfast Chicken Sandwich Sour Watermelon Raisels Orange Juice 100% Milk Choice Grape Jelly	Mini Powdered Donuts Golden Apple Milk Choice	
K-8 LUNCH					
Monday	Tuesday	Wednesday	Thursday	Friday	Serving Week Dates
Flamebroiled Cheeseburger  Crispy Potato Rounds Celery Sticks & Ranch Fresh Pear Gingerbread Cookie  Ketchup/Mustard/Mayo/Pickles  Milk Choice	Flavorful Softshell Taco  Spanish Rice Refried Beans Shredded Lettuce & Salsa Diced Fruit Cup  Jalapenos/Shredded Cheese  Milk Choice	Country Chicken Fried Steak  Buttered Dinner Roll Mashed Potatoes Signature Green Beans Fresh Apple  Ketchup/White Gravy  Milk Choice	Crispy Chicken Bites <b>OR</b> Spicy Chicken Tenders  Buttered Dinner Roll Sweet Potato Casserole Seasoned Broccoli Fresh Sweet Orange  Ketchup/Ranch  Milk Choice	Traditional Pepperoni <b>OR</b> Cheese Pizza  Carrot Sticks & Ranch Classic Yellow Corn Chilled Pears  Milk Choice	August 19th September 16th  October 14th November 11th December 16th January 27th February 24th March 30th April 27th May 25th
"Out of the Park" Hot Dog  Piping Hot Chili Shredded Cheddar Cheese Seasoned Sweet Potato Fries Oven Baked Beans Cherry Fruit Cocktail Ketchup/Mustard Milk Choice	Tangerine Chicken & Fried Rice Toasted Grilled Cheese Sandwich  Seasoned Broccoli Celery Sticks & Ranch Fresh Apple Chocolate Pudding  Milk Choice	Beef & Cheese Nachos  Spanish Rice Pinto Beans Shredded Lettuce & Salsa Fresh Pear  Jalapenos/Sour Cream PC Milk Choice	Roasted BBQ Chicken  Buttered Dinner Roll Mashed Potatoes Seasoned Carrots Watermelon Applesauce Homemade Fruit Cobbler White Gravy Milk Choice	EggStravaganza  Turkey Bacon WG Flour Tortilla Crispy Potato Rounds Orange Juice 100%  Ketchup/Salsa Milk Choice	August 26th  September 23rd October 21st November 18th January 6th February 3rd March 2nd April 6th May 4th
Crispy Chicken Sandwich <b>OR</b> Spicy Chicken Sandwich  Oven Baked Beans Creamy Spinach Juicy Pineapple  Ketchup/Mustard/Mayo/Pickles  Milk Choice	Sizzling Steak Fingers  Texas Toast Mashed Potatoes Glazed Carrots Fresh Pear White Gravy Milk Choice	Corn Chip Pie Tamales  Spanish Rice Shredded Lettuce & Salsa Refried Beans Sliced Peaches Milk Choice	Homestyle Chicken Nuggets  Buttered Dinner Roll Crispy Potato Rounds Signature Green Beans Mandarin Oranges Ketchup Milk Choice	Traditional Pepperoni <b>OR</b> Cheese Pizza  Carrot Sticks & Ranch Classic Yellow Corn Rosy Applesauce  Milk Choice	September 2nd September 30th  October 28th December 2nd January 13th February 10th March 9th April 13th May 11th
Golden Brown Corn Dog  French Fries CA Blend Vegetables Fresh Sweet Orange Ketchup/Mustard  Milk Choice	Pepperoni Calzone  Classic Yellow Corn Broccoli & Cheese Fresh Apple "Made From Scratch" Cookie Ranch Milk Choice	Cheddar Stuffed Burger  Mac & Cheese Oven Baked Beans Cucumber Slices & Ranch Sliced Peaches Milk Choice	"Baked to Perfection" Spaghetti Casserole  Garlic Bread Stick Glazed Carrots Tossed Salad Diced Fruit Cup Milk Choice	BBQ Pulled Pork Sandwich Toasted Grilled Cheese Sandwich  Crispy Potato Rounds Carrot Sticks & Ranch Frozen Juice Cup Ketchup/Pickles Milk Choice	September 9th October 7th November 4th December 9th January 20th February 17th March 23rd April 20th May 18th

This institution is an equal opportunity provider.

\*A healthy plate must consist of fruits & vegetables daily

Menu is subject to change.

\*Minimum Allowance for School Lunch: 3 Components

\*Maximum Allowance for School Lunch: 5 Components