



# Duncanville ISD

## Cycle Menu 2018-19

### Elementary & Middle School K-8

Express Breakfast					
Monday	Tuesday	Wednesday	Thursday	Friday	
Froot Loops Cereal Watermelon Applesauce Orange Juice 100% Milk Choice	Good Morning Sausage Rolls Sour Lemon Raisels Orange Juice 100% Milk Choice	Breakfast Sandwich on a Croissant Fresh Grapes Diced Fruit Cup Milk Choice Grape Jelly	Breakfast Chicken Sandwich Sour Watermelon Raisels Orange Juice 100% Milk Choice Grape Jelly	Mini Powdered Donuts Golden Apple Milk Choice	
K-8 LUNCH					
Monday	Tuesday	Wednesday	Thursday	Friday	Serving Week Dates
Flamebroiled Cheeseburger  Crispy Potato Rounds Celery Sticks & Ranch Fresh Pear Gingerbread Cookie  Ketchup/Mustard/Mayo/Pickles  Milk Choice	Flavorful Softshell Taco  Spanish Rice Refried Beans Shredded Lettuce & Salsa Diced Fruit Cup  Jalapenos/Shredded Cheese  Milk Choice	Country Chicken Fried Steak  Buttered Dinner Roll Mashed Potatoes Signature Green Beans Fresh Apple  Ketchup/White Gravy  Milk Choice	Crispy Chicken Tenders <b>OR</b> Spicy Chicken Tenders  Buttered Dinner Roll Sweet Potato Casserole Seasoned Broccoli Fresh Sweet Orange  Ketchup/Ranch  Milk Choice	Traditional Pepperoni <b>OR</b> Cheese Pizza  Carrot Sticks & Ranch Classic Yellow Corn Chilled Pears  Milk Choice	August 13th September 10th  October 8th  November 5th December 10th January 21st February 18th March 25th April 22nd May 20th
"Out of the Park" Hot Dog  Piping Hot Chili Shredded Cheddar Cheese Seasoned Sweet Potato Fries Oven Baked Beans Cherry Fruit Cocktail Ketchup/Mustard Milk Choice	Tangerine Chicken & Fried Rice Toasted Grilled Cheese Sandwich  Seasoned Broccoli Celery Sticks & Ranch Fresh Apple Chocolate Pudding  Milk Choice	Beef & Cheese Nachos  Spanish Rice Pinto Beans Shredded Lettuce & Salsa Fresh Pear  Jalapenos/Sour Cream PC Milk Choice	Roasted BBQ Chicken  Buttered Dinner Roll Mashed Potatoes Seasoned Carrots Watermelon Applesauce Homemade Fruit Cobbler  White Gravy Milk Choice	EggStravaganza  Turkey Bacon WG Flour Tortilla Crispy Potato Rounds Orange Juice 100%  Ketchup/Salsa Milk Choice	August 20th  September 17th October 15th November 12th December 17th January 28th February 25th April 1st April 29th
Crispy Chicken Sandwich <b>OR</b> Spicy Chicken Sandwich  Oven Baked Beans Creamy Spinach Juicy Pineapple  Ketchup/Mustard/Mayo/Pickles  Milk Choice	Sizzling Steak Fingers  Texas Toast Mashed Potatoes Glazed Carrots Fresh Pear White Gravy  Milk Choice	Corn Chip Pie Tamales  Spanish Rice Shredded Lettuce & Salsa Refried Beans Sliced Peaches  Milk Choice	Homestyle Chicken Nuggets  Buttered Dinner Roll Crispy Potato Rounds Signature Green Beans Mandarin Oranges Ketchup  Milk Choice	Traditional Pepperoni <b>OR</b> Cheese Pizza  Carrot Sticks & Ranch Classic Yellow Corn Rosy Applesauce  Milk Choice	August 27th September 24th  October 22nd November 26th January 7th February 4th March 4th April 8th May 6th
Golden Brown Corn Dog  French Fries CA Blend Vegetables Fresh Sweet Orange Ketchup/Mustard  Milk Choice	Pepperoni Calzone  Classic Yellow Corn Broccoli & Cheese Fresh Apple "Made From Scratch" Cookie Ranch  Milk Choice	Cheddar Stuffed Burger  Mac & Cheese Oven Baked Beans Cucumber Slices & Ranch Sliced Peaches  Milk Choice	"Baked to Perfection" Spaghetti Casserole  Garlic Bread Stick Glazed Carrots Tossed Salad Diced Fruit Cup  Milk Choice	BBQ Pulled Pork Sandwich Toasted Grilled Cheese Sandwich  Crispy Potato Rounds Carrot Sticks & Ranch Frozen Juice Cup Ketchup/Pickles  Milk Choice	September 3rd October 1st October 29th December 3rd January 14th February 11th March 18th April 15th May 13th

**Non-Discrimination Statement:** In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov). This institution is an equal opportunity provider.

**\*A healthy plate must consist of fruits & vegetables daily**

Menu is subject to change.

**\*Minimum Allowance for School Lunch: 3 Components**

**\*Maximum Allowance for School Lunch: 5 Components**