# **Duncanville ISD**

### 2019-20

## High School Breakfast & Lunch Weekly Cycle

|                                     |                                | vveekly cycle                  |                                        |                                           |
|-------------------------------------|--------------------------------|--------------------------------|----------------------------------------|-------------------------------------------|
|                                     |                                | Breakfast                      |                                        |                                           |
| Monday                              | Tuesday                        | Wednesday                      | Thursday                               | Friday                                    |
| Cinnamon Toast Crunch               | Breakfast Pizza                | Breakfast Sandwich on a        | Breakfast Chicken Sandwich             | Mini Powdered Donuts                      |
| Watermalen Appleagues               | Court amon Daigala             | Croissant                      | Cour Watermales Baisale                | Coldon Apple                              |
| Watermelon Applesauce               | Sour Lemon Raisels             | Fresh Grapes                   | Sour Watermelon Raisels                | Golden Apple<br>Milk Choice               |
| Orange Juice 100%<br>Milk Choice    | Orange Juice 100%  Milk Choice | Diced Fruit Cup Milk Choice    | Orange Juice 100%<br>Milk Choice       | Willik Choice                             |
| Wilk Choice                         | Willik Choice                  | Grape Jelly                    | Grape Jelly                            |                                           |
|                                     |                                | Main Street Café               | Grape Jerry                            |                                           |
|                                     |                                | Main Sheer care                |                                        |                                           |
| Pepperoni Calzone                   | Pepperoni Pizza                | BBQ Pulled Pork Sandwich       | Pepperoni Pizza                        | Chicken Fried Steak                       |
| Garlic Breadstick                   | Garlic Breadstick              | Mac & Cheese                   | Garlic Breadstick                      | Texas Toast                               |
| Classic Yellow Corn                 | Broccoli w/ Cheese             | Baby Carrots & Ranch           | Fresh Garden Salad                     | Mashed Potatoes                           |
| Glazed Carrots                      | Cucumber Slices & Ranch        | Oven Baked Beans               | Baby Carrots & Ranch                   | Signature Green Beans                     |
| Fresh Pear                          | Mandarin Oranges               | Fresh Sweet Orange             | Juicy Pineapple                        | Fresh Apple                               |
| Orange Juice 100%                   | Orange Juice 100%              | Sliced Peaches                 | Orange Juice 100%                      | Fruit Cobbler                             |
| "Made from Scratch" Cookie          | Chocolate Pudding              | D'alle.                        |                                        | Karal a AMILIA O                          |
| Ranch                               |                                | Pickles                        |                                        | Ketchup/ White Gravy                      |
| White Milk 1%                       | White Milk 1%                  | White Milk 1%                  | White Milk 1%                          | White Milk 1%                             |
| Chocolate Milk FF                   | Chocolate Milk FF              | Chocolate Milk FF              | Chocolate Milk FF                      | Chocolate Milk FF                         |
|                                     |                                | Fast Eats                      |                                        |                                           |
| General Tso's Chicken & Fried       |                                |                                |                                        | Tangerine Chicken & Fried                 |
| Rice w/ Crispy Chow Mein<br>Noodles | Homestyle Chicken Wings        | Tamales                        | Breaded Chicken                        | Rice w/ Egg Roll                          |
| Sacconad Spinach                    | Buttered Dinner Roll           | Spanish Rice                   | Buttered Dinner Roll                   | CA Pland Vagatables                       |
| Seasoned Spinach Glazed Carrots     | Classic Yellow Corn            | Tortilla Chips                 | Mashed Potatoes                        | CA Blend Vegetables Celery Sticks & Ranch |
| Fresh Pear                          | Baby Carrots & Ranch           | Refried Beans                  | Seasoned Carrots                       | Fresh Apple                               |
| Orange Juice 100%                   | Mandarin Oranges               | Cucumber Slices & Ranch        | Juicy Pineapple                        | Fruit Cobbler                             |
| "Made from Scratch" Cookie          | Orange Juice 100%              | Fresh Sweet Orange             | Orange Juice 100%                      | Truit Gobbier                             |
| Made Helli Colaton Cookie           | Chocolate Pudding              | Sliced Peaches                 | Chocolate Pudding                      |                                           |
|                                     | encociate r adding             | Chocolate Pudding              |                                        |                                           |
|                                     |                                | Salsa                          | Ketchup/ White Gravy                   |                                           |
| NAM :                               |                                |                                |                                        |                                           |
| White Milk 1%                       | White Milk 1%                  | White Milk 1%                  | White Milk 1%                          | White Milk 1%                             |
| Chocolate Milk FF                   | Chocolate Milk FF              | Chocolate Milk FF  Casa Amigos | Chocolate Milk FF                      | Chocolate Milk FF                         |
|                                     |                                | _                              |                                        |                                           |
| Tostitos Rounds                     | Tostitos Rounds                | Tostitos Rounds                | Tostitos Rounds                        | Tostitos Rounds                           |
| Taco Meat or Chicken Fajita         | Taco Meat or Chicken Fajita    | Taco Meat or Chicken Fajita    | Taco Meat or Chicken Fajita            | Taco Meat or Chicken Fajita               |
| Spanish Rice                        | Spanish Rice                   | Spanish Rice                   | Spanish Rice                           | Spanish Rice                              |
| Refried Beans                       | Refried Beans                  | Refried Beans                  | Classic Yellow Corn                    | Refried Beans                             |
| Lettuce & Diced Tomatoes            | Lettuce & Diced Tomatoes       | Lettuce & Diced Tomatoes       | Refried Beans Lettuce & Diced Tomatoes | Lettuce & Diced Tomatoes                  |
| Fresh Pear                          | Mandarin Oranges               | Fresh Sweet Orange             | Juicy Pineapple                        | Fresh Broccoli & Ranch                    |
| Orange Juice 100%                   | Orange Juice 100%              | Sliced Peaches                 | Orange Juice 100%                      | Fresh Apple                               |
| Change dated 10070                  | Crange value 10070             | Shoca i Gaorica                | Crange value 10070                     | 1 100117100110                            |
| "Made from Scratch" Cookie          | Chocolate Pudding              |                                | Chocolate Pudding                      | Fruit Cobbler                             |
| Cheese Sauce                        | Cheese Sauce                   | Cheese Sauce                   | Cheese Sauce                           | Cheese Sauce                              |
| Sour Cream                          | Sour Cream                     | Sour Cream                     | Sour Cream                             | Sour Cream                                |
| Jalapenos                           | Jalapenos                      | Jalapenos                      | Jalapenos                              | Jalapenos                                 |
| Onions                              | Onions                         | Onions                         | Onions                                 | Onions                                    |
|                                     |                                |                                |                                        |                                           |
| White Milk 1%                       | White Milk 1%                  | White Milk 1%                  | White Milk 1%                          | White Milk 1%                             |
| Chocolate Milk FF                   | Chocolate Milk FF              | Chocolate Milk FF              | Chocolate Milk FF                      | Chocolate Milk FF                         |

\*A healthy plate must consist of fruits & vegetables daily

\*Minimum Allowance for School Lunch: 3 Components

\*Maximum Allowance for School Lunch: 5 Components

HS 2019-20 Menu 8/6/2019

| <i>G</i> rillworks                                                                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                      |  |  |  |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|
| Cheeseburger<br>Hamburger                                                                                                                                                                                                                                                                                                                          | Bacon Cheeseburger<br>Hamburger                                                                                                                                                                                                                                                                                                                      | Cheeseburger<br>Hamburger                                                                                                                                                                                                                                                                                                                     | Bacon Cheeseburger<br>Hamburger                                                                                                                                                                                                                                                                                                                     | Cheeseburger<br>Hamburger                                                                                                                                                                                                                                                                                            |  |  |  |
| Spicy Chicken Sandwich                                                                                                                                                                                                                                                                                                                             | Spicy Chicken Sandwich                                                                                                                                                                                                                                                                                                                               | Spicy Chicken Sandwich                                                                                                                                                                                                                                                                                                                        | Spicy Chicken Sandwich                                                                                                                                                                                                                                                                                                                              | Spicy Chicken Sandwich                                                                                                                                                                                                                                                                                               |  |  |  |
| Sweet Potato Fries Cucumber Slices & Ranch Fresh Pear Orange Juice 100% "Made from Scratch" Cookie                                                                                                                                                                                                                                                 | Crispy Potato Rounds Broccoli w/ Cheese Mandarin Oranges Orange Juice 100% Chocolate Pudding                                                                                                                                                                                                                                                         | Goldfish Crackers Baby Carrots & Ranch Oven Baked Beans Fresh Sweet Orange Sliced Peaches                                                                                                                                                                                                                                                     | Crispy Potato Rounds Celery Sticks & Ranch Juicy Pineapple Orange Juice 100% Chocolate Pudding                                                                                                                                                                                                                                                      | Flamin' Hot Fantastix<br>Baby Carrots & Ranch<br>Classic Yellow Corn<br>Fresh Apple<br>Fruit Cobbler                                                                                                                                                                                                                 |  |  |  |
| Ketchup/Mustard/Mayo<br>Pickle Slices                                                                                                                                                                                                                                                                                                              | Ketchup/Mustard/Mayo<br>Pickle Slices                                                                                                                                                                                                                                                                                                                | Ketchup/Mustard/Mayo<br>Pickle Slices                                                                                                                                                                                                                                                                                                         | Ketchup/Mustard/Mayo<br>Pickle Slices                                                                                                                                                                                                                                                                                                               | Ketchup/Mustard/Mayo<br>Pickle Slices                                                                                                                                                                                                                                                                                |  |  |  |
| White Milk 1%                                                                                                                                                                                                                                                                                                                                      | White Milk 1%                                                                                                                                                                                                                                                                                                                                        | White Milk 1%                                                                                                                                                                                                                                                                                                                                 | White Milk 1%                                                                                                                                                                                                                                                                                                                                       | White Milk 1%                                                                                                                                                                                                                                                                                                        |  |  |  |
| Chocolate Milk FF                                                                                                                                                                                                                                                                                                                                  | Chocolate Milk FF                                                                                                                                                                                                                                                                                                                                    | Chocolate Milk FF                                                                                                                                                                                                                                                                                                                             | Chocolate Milk FF                                                                                                                                                                                                                                                                                                                                   | Chocolate Milk FF                                                                                                                                                                                                                                                                                                    |  |  |  |
| Baked Potato                                                                                                                                                                                                                                                                                                                                       | Baked Potato                                                                                                                                                                                                                                                                                                                                         | Light & Fresh Way  Baked Potato                                                                                                                                                                                                                                                                                                               | Baked Potato                                                                                                                                                                                                                                                                                                                                        | Baked Potato                                                                                                                                                                                                                                                                                                         |  |  |  |
| Turkey Sandwich Pack                                                                                                                                                                                                                                                                                                                               | Turkey Sandwich Pack                                                                                                                                                                                                                                                                                                                                 | Turkey Sandwich Pack                                                                                                                                                                                                                                                                                                                          | Turkey Sandwich Pack                                                                                                                                                                                                                                                                                                                                | Turkey Sandwich Pack                                                                                                                                                                                                                                                                                                 |  |  |  |
| Lettuce (Side Salad) BBQ Pulled Pork Shredded Cheddar Cheese Fresh Spinach Fresh Broccoli Cucumber Slices Cherry Tomatoes Classic Yellow Corn Baked Beans Shredded Carrots Sliced Jalapenos Texas Toast "Made from Scratch" Cookie  Fresh Pear Orange Juice 100%  Ranch Dressing Sour Cream/Margarine Mustard/Mayo White Milk 1% Chocolate Milk FF | Lettuce (Side Salad) BBQ Pulled Pork Shredded Cheddar Cheese Fresh Spinach Fresh Broccoli Cucumber Slices Cherry Tomatoes Classic Yellow Corn Baked Beans Shredded Carrots Sliced Jalapenos Garlic Breadstick  Mandarin Oranges Orange Juice 100% Chocolate Pudding Ranch Dressing Sour Cream/Margarine Mustard/Mayo White Milk 1% Chocolate Milk FF | Lettuce (Side Salad) BBQ Pulled Pork Shredded Cheddar Cheese Fresh Spinach Fresh Broccoli Cucumber Slices Cherry Tomatoes Classic Yellow Corn Baked Beans Shredded Carrots Sliced Jalapenos Texas Toast  Fresh Sweet Orange Sliced Peaches Chocolate Pudding Ranch Dressing Sour Cream/Margarine Mustard/Mayo White Milk 1% Chocolate Milk FF | Lettuce (Side Salad) BBQ Pulled Pork Shredded Cheddar Cheese Fresh Spinach Fresh Broccoli Cucumber Slices Cherry Tomatoes Classic Yellow Corn Baked Beans Shredded Carrots Sliced Jalapenos Garlic Breadstick  Juicy Pineapple Orange Juice 100% Chocolate Pudding Ranch Dressing Sour Cream/Margarine Mustard/Mayo White Milk 1% Chocolate Milk FF | Lettuce (Side Salad) BBQ Pulled Pork Shredded Cheddar Cheese Fresh Spinach Fresh Broccoli Cucumber Slices Cherry Tomatoes Classic Yellow Corn Baked Beans Shredded Carrots Sliced Jalapenos Texas Toast  Fresh Apple Fruit Cobbler  Ranch Dressing Sour Cream/Margarine Mustard/Mayo White Milk 1% Chocolate Milk FF |  |  |  |
|                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                      | Summit                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                      |  |  |  |
| Cheeseburger  Fresh Apple Raw Baby Carrots Fresh Broccoli "Made from Scratch" Cookie  Ketchup/Mustard/Mayo/Ranch                                                                                                                                                                                                                                   | Spicy Chicken Sandwich  Orange Juice 100%  Mixed Fruit Cup  Classic Yellow Corn  Raw Baby Carrots  Ketchup/Mustard/Mayo/Ranch                                                                                                                                                                                                                        | Bacon Cheeseburger  Goldfish Crackers Fresh Apple Fresh Broccoli Oven Baked Beans  Ketchup/Mustard/Mayo/Ranch                                                                                                                                                                                                                                 | Spicy Chicken Sandwich  Orange Juice 100%  Mixed Fruit Cup  Classic Yellow Corn  Raw Baby Carrots  Ketchup/Mustard/Mayo/Ranch                                                                                                                                                                                                                       | Cheeseburger  Fresh Apple Raw Baby Carrots Fresh Broccoli "Made from Scratch" Cookie  Ketchup/Mustard/Mayo/Ranch                                                                                                                                                                                                     |  |  |  |
| White Milk 1%<br>Chocolate Milk FF                                                                                                                                                                                                                                                                                                                 | White Milk 1%<br>Chocolate Milk FF                                                                                                                                                                                                                                                                                                                   | White Milk 1%<br>Chocolate Milk FF                                                                                                                                                                                                                                                                                                            | White Milk 1%<br>Chocolate Milk FF                                                                                                                                                                                                                                                                                                                  | White Milk 1%<br>Chocolate Milk FF                                                                                                                                                                                                                                                                                   |  |  |  |

This institution is an equal opportunity provider.

Menu is subject to change.

\*A healthy plate must consist of fruits & vegetables daily

\*Minimum Allowance for School Lunch: 3 Components

\*Maximum Allowance for School Lunch: 5 Components

HS 2019-20 Menu 8/6/2019



# **Duncanville ISD**

2019-20 PACE Lunch

| PACE                                                                                       |                                                                                                                      |                                                                                                        |                                                                                                               |                                                                                         |  |  |
|--------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|--|--|
| Pepperoni Calzone                                                                          | Homestyle Chicken Wings                                                                                              | BBQ Pulled Pork Sandwich                                                                               | Pepperoni Pizza                                                                                               | Tangerine Chicken & <u>Fried</u><br>Rice w/ Egg Roll                                    |  |  |
| Cheeseburger                                                                               | Pepperoni Pizza                                                                                                      | Spicy Chicken Sandwich                                                                                 | Bacon Cheeseburger                                                                                            | Chicken Fried Steak                                                                     |  |  |
| Turkey Sandwich Pack                                                                       |                                                                                                                      |                                                                                                        | Turkey Sandwich Pack                                                                                          |                                                                                         |  |  |
| Classic Yellow Corn Glazed Carrots Fresh Pear Orange Juice 100% "Made from Scratch" Cookie | Buttered Dinner Roll Broccoli w/ Cheese Cucumber Slices & Ranch Mandarin Oranges Orange Juice 100% Chocolate Pudding | Mac & Cheese Baby Carrots & Ranch Oven Baked Beans Fresh Sweet Orange Sliced Peaches Chocolate Pudding | Garlic Breadstick Baby Carrots & Ranch Fresh Garden Salad Juicy Pineapple Orange Juice 100% Chocolate Pudding | Texas Toast<br>Mashed Potatoes<br>Signature Green Beans<br>Fresh Apple<br>Fruit Cobbler |  |  |
| Ketchup/Mustard/Mayo<br>Pickle Slices<br>Ranch                                             | Ketchup/Mustard/Mayo<br>Pickle Slices                                                                                | Ketchup/Mustard/Mayo<br>Pickle Slices                                                                  | Ketchup/Mustard/Mayo<br>Pickle Slices                                                                         | Ketchup/ White Gravy                                                                    |  |  |
| White Milk 1%<br>Chocolate Milk FF                                                         | White Milk 1%<br>Chocolate Milk FF                                                                                   | White Milk 1%<br>Chocolate Milk FF                                                                     | White Milk 1%<br>Chocolate Milk FF                                                                            | White Milk 1%<br>Chocolate Milk FF                                                      |  |  |

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\*A healthy plate must consist of fruits & vegetables daily

Menu is subject to change.

\*Minimum Allowance for School Lunch: 3 Components

\*Maximum Allowance for School Lunch: 5 Components

HS 2019-20 Menu 8/6/2019